











June 2022

MONDAY		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 Entree or a component of the meal contains dairy! Seasonal vegetables are grown and harvested at our School Farm			1  Pesto pasta, salad & seasonal fruit	2  Cheese pizza, Caesar salad & seasonal fruit	3 Fried rice with tofu and seasonal vegetables, salad & fruit
6 Fideo soup, corn tortillas, salad & seasonal fruit	7  Cheese quesadillas, salad & seasonal fruit	8 Sandwich bar (hummus, cheese & ham), salad & seasonal fruit	9 Red lentil soup, pita bread, salad & seasonal fruit	10  Mac n' cheese, mixed veggies, salad & seasonal fruit	
13 Potato leek soup, brioche rolls, salad & seasonal fruit	14 Roasted sweet potatoes with maple butter, salad & seasonal fruit	15  Chicken and veggie tacos, salad & seasonal fruit	16 Pasta primavera, Parmesan on the side, salad & seasonal fruit	17  Rice & beans, homemade tortilla chips, salad & seasonal fruit	
20 Spaghetti with marinara sauce, garlic bread, Parmesan cheese on the side, Caesar salad & seasonal fruit	21 Bean tacos, cheese on the side, salad & seasonal fruit	22  Cheese pizza, Caesar salad & seasonal fruit	23  Bean & cheese burritos, homemade salsa & guacamole, salad & seasonal fruit	24  Tomato soup with orzo, brioche rolls, salad & seasonal fruit	
27 Minestrone soup, baguette, salad & seasonal fruit	28 Tostadas with beans and cheese on the side, homemade salsa, salad & seasonal fruit	29 Fish and bean tacos, cheese on the side, mixed cabbage salad & seasonal fruit	30 Fish and bean tacos, cheese on the side, mixed cabbage salad & seasonal fruit		